

JUNE

TOTS LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
 UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
 LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BAKED ZITI PASTA 1 W/CHICKEN GREEN PEAS APPLESAUCE WG DINNER ROLL*	MACARONI & 2 CHEESE ROASTED VEGETABLES BANANA WG WHEAT BREAD*	CHICKEN POTATO 3 TACO SHREDDED CHEDDAR CHEESE DICED CARROTS DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA*	BBQ MEATBALLS 4 DICED PARSLEY POTATOES GREEN BEANS DICED PEARS WG WHEAT BREAD*	CHICKEN POT PIE CASSEROLE 5 MASHED POTATOES CAULIFLOWER DICED MELON MIX WG BISCUIT
PESTO PASTA W/ CHICKEN 8 DICED CARROTS APPLESAUCE WG DINNER ROLL	ITALIAN MEATBALLS IN MARINARA 9 SHREDDED MOZZARELLA CHEESE ROASTED RAINBOW POTATOES BANANA WG WHEAT BREAD*	CHEESEBURGER CASSEROLE 10 ROASTED VEGETABLES DICED TROPICAL FRUIT WG WHEAT BREAD*	TURKEY IN COUNTRY GRAVY 11 STEAMED RICE GREEN PEAS DICED PEARS WG WHEAT BREAD*	WG CHEESE RAVIOLI* IN 12 MARINARA GREEN BEANS DICED MELON MIX WG WHEAT BREAD*
BEEF CHILI PENNE PASTA 15 GREEN PEAS APPLESAUCE WG DINNER ROLL	CHICKEN FRIED RICE 16 BROCCOLI BANANA WG WHEAT BREAD*	MACARONI & CHEESE 17 SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD*	CHEESY POTATO 18 MEATLOAF CASSEROLE DICED CARROTS DICED PEARS WG WHEAT BREAD*	CHICKEN POT PIE 19 CASSEROLE MASHED POTATOES GREEN BEANS DICED MELON MIX WG BISCUIT*
BEEF & RICE STUFFED 22 BELL PEPPER CASSEROLE DICED CARROTS APPLESAUCE WG DINNER ROLL*	VEGETARIAN BEAN CHILLI 23 ROTINI PASTA GREEN BEANS BANANA WG CORN BREAD*	CREAMY ITALIAN CHICKEN 24 STEAMED RICE SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD*	BEEF NACHOS 25 SHREDDED CHEDDAR CHEESE SOUR CREAM SPANISH RICE GREEN PEAS DICED PEARS WG SOFT FLOUR TORTILLA*	CHICKEN LO MEIN 26 BROCCOLI DICED MELON MIX WG WHEAT BREAD*
29	30			

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

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MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH