



# TOTS BREAKFAST MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)  
 UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)  
 LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 RICE KRISPIES DICED PEARS	2 WG ENGLISH MUFFIN* ORANGE MARMALADE** TROPICAL FRUIT SALAD	3 BREAKFAST TACO SCRAMBLED EGGS SHREDDED CHEESE WG SOFT FLOUR TORTILLA* HONEYDEW	4 WG BAGEL* CREAM CHEESE DICED WATERMELON	5 WG RAISIN BREAD BLUEBERRY JAM DICED PEACHES
8 WG TOASTED OATS* PINEAPPLE CHUNKS	9 WG ENGLISH MUFFIN* STRAWBERRY PRESERVES** DICED PEARS	10 WG PANCAKES** HONEY SYRUP** DICED WATERMELON	11 VANILLA YOGURT GRANOLA** DICED CANTALOUPE	12 BANANA BREAD SQUARE** APPLESAUCE
15 RICE KRISPIES DICED PEACHES	16 EGG & CHEESE FRITTATA STRAWBERRY APPLESauce	17 WG BISCUIT** CHICKEN SAUSAGE** AMERICAN CHEESE HONEYDEW	18 WG WHEAT BREAD PEACH JAM PINE MELON	19 BLUEBERRY YOGURT GRANOLA FRESH PINEAPPLE
22 WG TOASTED OATS* DICED PEACHES	23 WG BAGEL* FRUITED CREAM CHEESE DICED TROPICAL FRUIT SALAD	24 EGG & CHEESE FRITTATA DICED CANTALOUPE	25 OVERNIGHT VANILLA YOGURT OATS** DICED FRESH PINEAPPLE	26 PANCAKES* HONEY SYRUP CINNAMON APPLESauce
29	30			

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

\*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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