

JUNE

PRESCHOOL LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BAKED ZITI PASTA 1 W/CHICKEN GREEN PEAS APPLESAUCE WG DINNER ROLL*	MACARONI & 2 CHEESE ROASTED VEGETABLES BANANA WG WHEAT BREAD*	CHICKEN POTATO TACO 3 SHREDDED CHEDDAR CHEESE DICED CARROTS DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA*	BBQ MEATBALLS 4 DICED PARSLEY POTATOES GREEN BEANS DICED PEARS WG WHEAT BREAD*	CHICKEN POT PIE CASSEROLE 5 MASHED POTATOES CAULIFLOWER DICED MELON MIX WG BISCUIT*
PESTO PASTA W/ 8 CHICKEN DICED CARROTS APPLESAUCE WG DINNER ROLL*	MEATBALL SANDWICH 9 ITALIAN MEATBALLS IN MARINARA SHREDDED MOZZARELLA CHEESE ROASTED RAINBOW POTATOES BANANA WG SUB BREAD	CHEESEBURGER CASSEROLE 10 ROASTED VEGETABLES DICED TROPICAL FRUIT WG WHEAT BREAD*	TURKEY IN COUNTRY GRAVY 11 STEAMED RICE GREEN PEAS DICED PEARS WG WHEAT BREAD*	CHEESE RAVIOLI* IN 12 MARINARA GREEN BEANS MELON MIX WG WHEAT BREAD*
BEEF CHILI 15 PENNE PASTA GREEN PEAS APPLESAUCE WG DINNER ROLL*	CHICKEN FRIED RICE 16 BROCCOLI BANANA WG WHEAT BREAD*	MACARONI & CHEESE 17 SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD*	CHEESY POTATO 18 MEATLOAF CASSEROLE DICED CARROTS DICED PEARS WG WHEAT BREAD*	CHICKEN POT PIE CASSEROLE 19 MASHED POTATOES GREEN BEANS DICED MELON MIX WG BISCUIT
BEEF & RICE STUFFED 22 BELL PEPPER CASSEROLE DICED CARROTS APPLE WG DINNER ROLL*	VEGETARIAN BEAN 23 CHILLI ROTINI PASTA GREEN BEANS BANANA WG CORN BREAD	ITALIAN CHICKEN 24 MASHED POTATOES SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD	BEEF NACHOS 25 SHREDDED CHEDDAR CHEESE SOUR CREAM SPANISH RICE GREEN PEAS DICED PEARS WG SOFT FLOUR TORTILLA*	CHICKEN LO MEIN 26 BROCCOLI DICED MELON MIX WG WHEAT BREAD*
29	30			

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

www.qualitycateringforkids.com