



PRESCHOOL BREAKFAST MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 RICE KRISPIES DICED PEARS	2 WG ENGLISH MUFFIN* ORANGE MARMALADE** TROPICAL FRUIT SALAD	3 BREAKFAST TACO SCRAMBLED EGGS SHREDDED CHEESE WG SOFT FLOUR TORTILLA* HONEYDEW	4 WG BAGEL* CREAM CHEESE WATERMELON	5 WG RAISIN BREAD BLUEBERRY JAM DICED PEACHES
8 WG TOASTED OATS* PINEAPPLE CHUNKS	9 WG ENGLISH MUFFIN* STRAWBERRY PRESERVES** DICED PEARS	10 WG PANCAKES** HONEY SYRUP** WATERMELON	11 VANILLA YOGURT DELICIOUS- MADE GRANOLA** CANTALOUPE	12 WG BANANA BREAD SQUARE** APPLESAUCE
15 RICE KRISPIES DICED PEACHES	16 EGG & CHEESE FRITTATA STRAWBERRY APPLESAUCE	17 WG BISCUIT** CHICKEN SAUSAGE** AMERICAN CHEESE HONEYDEW	18 RAISIN CINNAMON BREAD** PEACH JAM** PINE MELON	19 BLUEBERRY YOGURT GRANOLA** FRESH PINEAPPLE
22 WG TOASTED OATS* DICED PEACHES	23 WG BAGEL* FRUITED CREAM CHEESE TROPICAL FRUIT SALAD	24 EGG & CHEESE FRITTATA** CANTALOUPE	25 OVERNIGHT VANILLA YOGURT OATS** FRESH PINEAPPLE	26 WG PANCAKES** HONEY SYRUP** CINNAMON APPLESAUCE
29	30			

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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