

# March

## PRESCHOOL LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)  
UNFLAVORED SKIM MILK-0% FAT CONTENT(AGES:2 AND UP)  
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN AND BROCCOLI <sup>2</sup> STEAMED RICE GREEN BEANS APPLE WG DINNER ROLL	CHICKEN MEATBALLS <sup>3</sup> MASHED POTATOES BRUSSEL SPROUTS BANANA WG WHEAT BREAD	MACARONI & CHEESE <sup>4</sup> GREEN PEAS ORANGE WG WHEAT BREAD	BEEF TACOS <sup>5</sup> SHREDDED CHEDDAR CHEESE SPANISH RICE DICED CARROTS PEARS WG SOFT FLOUR TORTILLA	CHICKEN PARMESAN- NOODLES CAULIFLOWER MELON MIX <sup>6</sup>
<b>CLOSED</b> <sup>9</sup>	TERYAKI CHICKEN MEATBALLS <sup>10</sup> STEAMED RICE GREEN BEANS BANANA WG WHEAT BREAD	CHICKEN TACO <sup>11</sup> SHREDDED CHEDDAR CHEESE REFRIED BEANS BROCCOLI ORANGE WG SOFT FLOUR TORTILLA	VEGETARIAN BEAN CHILI <sup>12</sup> ROTINI PASTA GREEN PEAS PEAR WG CORN BREAD	CHEESE RAVIOLI <sup>13</sup> BRUSSEL SPROUTS MELON MIX WG WHEAT BREAD
CHEESY POTATO & TURKEY- HAM CASSEROLE <sup>16</sup> GREEN BEANS APPLE WG DINNER ROLL	CHICKEN ALFREDO <sup>17</sup> ROTINI PASTA SAUTEED CABBAGE BANANA WG WHEAT BREAD	CHEESY BEEF TACO RICE <sup>18</sup> WG CORN ORANGE WG CORN TORTILLA CHIPS	MACARONI & CHEESE <sup>19</sup> DICED CARROTS PEAR WG WHEAT BREAD	BBQ PULLED CHICKEN <sup>20</sup> RAINBOW POTATOES GREEN BEANS MELON MIX WG BUN
ZITI PASTA W/CHICKEN <sup>23</sup> BRUSSEL SPROUTS APPLE WG DINNER ROLL	BEEFY MEAT SAUCE <sup>24</sup> SPAGHETTI NOODLES BROCCOLI BANANA WG WHEAT BREAD	TURKEY & COUNTRY GRAVY <sup>25</sup> MASHED POTATOES GREEN BEANS ORANGE WG WHEAT BREAD	CHEESY CHICKEN FAJITA- SKILLET <sup>26</sup> SPANISH RICE CAULIFLOWER PEAR WG SOFT FLOUR TORTILLA	BEEF SLOPPY JOE <sup>27</sup> BAKED FRENCH FRIES BUTTERNUT SQUASH MELON MIX WG BUN

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.  
MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN  
MENUS ARE SUBJECT TO CHANGE

[www.qualitycateringforkids.com](http://www.qualitycateringforkids.com)

\*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH