



# PRESCHOOL LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)  
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)  
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <b>CLOSED</b>	2 <b>CLOSED</b>	3 <b>CLOSED</b>
6 <b>CLOSED</b>	7 MACARONI & CHEESE ROASTED VEGETABLES BANANA WG WHEAT BREAD*	8 CHICKEN POTATO TACO SHREDDED CHEDDAR CHEESE DICED CARROTS DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA*	9 BBQ MEATBALLS DICED PARSLEY POTATOES GREEN BEANS DICED PEARS WG WHEAT BREAD*	10 CHICKEN POT PIE CASSEROLE MASHED POTATOES CAULIFLOWER DICED MELON MIX WG BISCUIT*
13 PESTO PASTA W/ CHICKEN DICED CARROTS APPLESAUCE WG DINNER ROLL*	14 MEATBALL SANDWICH ITALIAN MEATBALLS IN MARINARA SHREDDED MOZZARELLA CHEESE ROASTED RAINBOW POTATOES BANANA WG SUB BREAD	15 CHEESEBURGER CASSEROLE ROASTED VEGETABLES DICED TROPICAL FRUIT WG WHEAT BREAD*	16 TURKEY IN COUNTRY GRAVY MASHED POTATOES GREEN PEAS DICED PEARS WG WHEAT BREAD*	17 WG CHEESE RAVIOLI IN MARINARA GREEN BEANS DICED MELON MIX WG WHEAT BREAD
20 BEEF CHILI PENNE PASTA GREEN PEAS APPLESAUCE WG DINNER ROLL*	21 CHICKEN FRIED RICE BROCCOLI BANANA WG WHEAT BREAD*	22 MACARONI & CHEESE SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD*	23 CHEESY POTATO MEATLOAF CASSEROLE DICED CARROTS DICED PEARS WG WHEAT BREAD*	24 CHICKEN POT PIE CASSEROLE MASHED POTATOES GREEN BEANS DICED MELON MIX WG BISCUIT
27 BEEF & RICE STUFFED BELL PEPPER CASSEROLE DICED CARROTS APPLESAUCE WG DINNER ROLL*	28 VEGETARIAN BEAN CHILLI ROTINI PASTA GREEN BEANS BANANA WG CORN BREAD	29 ITALIAN CHICKEN MASHED POTATOES SAUTEED CABBAGE DICED TROPICAL FRUIT WG WHEAT BREAD	30 BEEF NACHOS SHREDDED CHEDDAR CHEESE SOUR CREAM SPANISH RICE GREEN PEAS DICED PEARS WG SOFT FLOUR TORTILLA*	

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

[www.qualitycateringforkids.com](http://www.qualitycateringforkids.com)

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

\*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH