



ALLERGY MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
 UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
 LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		CLOSED	CLOSED	CLOSED
6	7	8	9	10
CLOSED	BEEFY MARINARA GLUTEN FREE PENNE PASTA ROASTED VEGETABLES BANANA WG CORN TORTILLA*	CHICKEN TACO SPANISH BLACK BEANS DICED CARROTS ORANGE WG CORN TORTILLA*	RED BEANS & RICE GREEN BEANS PEAR WG CORN TORTILLA CHIPS*	CHICKEN IN COUNTRY GRAVY MASHED POTATOES CAULIFLOWER DICED MELON MIX WG CORN TORTILLA
13	14	15	16	17
BEEFY MARINARA GF PENNE PASTA DICED CARROTS APPLE WG CORN TORTILLA*	CHICKEN CACITORRE ROASTED RAINBOW POTATOES BROCCOLI BANANA WG CORN TORTILLA*	RED BEANS & RICE ROASTED VEGETABLES ORANGE WG CORN TORTILLA CHIPS*	BEEF TACO CILANTRO CAULIFLOWER RICE CORN PEAR WG CORN TORTILLA*	FIESTA CHICKEN DICED PARSLEY POTATOES GREEN BEANS DICED MELON MIX WG CORN TORTILLA*
20	21	22	23	24
BEEF CHILI GLUTEN FREE PENNE PASTA BRUSSEL SPROUTS APPLE WG CORN CHIPS*	CHICKEN & RICE BAKE (NO CHEESE) BROCCOLI BANANA WG CORN TORTILLA*	BBQ CHICKEN DICED PARSLEY POTATOES SAUTEED CABBAGE ORANGE WG CORN TORTILLA*	RED BEANS & RICE DICED CARROTS PEAR WG CORN CHIPS*	BEEF SLOPPY JOE BAKED SWEET POTATO FRIES GREEN BEANS DICED MELON MIX WG CORN TORTILLAA
27	28	29	30	
DICED CHICKEN & COUNTRY GRAVY STEAMED RICE DICED CARROTS APPLE WG CORN TORTILLA*	VEGETARIAN BEAN CHILLI GLUTEN FREE PENNE PASTA GREEN BEANS BANANA WG CORN TORTILLA CHIPS*	ITALIAN CHICKEN (NO CHEESE) MASHED POTATOES SAUTEED CABBAGE ORANGE WG CORN TORTILLA*	BEEF NACHO SPANISH RICE CORN PEAR WG CORN TORTILLA CHIPS	

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

www.qualitycateringforkids.com

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH