

February

VEGETARIAN MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 RED BEANS & RICE GREEN BEANS APPLE DINNER ROLL	3 THREE CHEESE PASTA BAKE BRUSSEL SPROUTS BANANA WHEAT BREAD	4 MACARONI & CHEESE GREEN PEAS ORANGE WG WHEAT BRED	5 WG PANCAKES SCRAMBLED EGGS BAKED POTATOES DICED CARROTS PEAR	6 WG CHEESE PIZZA CAULIFLOWER MELON MIX
9 THREE CHEESE PASTA BAKE DICED CARROTS APPLE WG DINNER ROLL	10 RED BEANS & RICE GREEN BEANS BANANA WG WHEAT BREAD	11 BEAN & CHEESE TACO SHREDDED CHEDDAR CHEESE REFRIED BEANS BROCCOLI ORANGE WG SOFT FLOUR TORTILLA	12 VEGETARIAN BEAN CHILI ROTINI PASTA GREEN PEAS PEAR WG CORN BREAD	13 CHEESE RAVIOLI BRUSSEL SPROUTS MELON MIX WG WHEAT BREAD
16 CLOSED	17 VEGETARIAN MOSTACCIOLI SAUTEED CABBAGE BANANA WG WHEAT BREAD	18 BEAN & CHEESE NACHOS SOUR CREAM CORN ORANGE WG TORTILLA CHIPS	19 VEGGIE, EGG & CHEESE FRITTATA FRENCH TOAST DICED CARROTS PEAR	20 THREE CHEESE PIZZA GREEN BEANS MELON MIX
23 VEGETARIAN BEAN CHILI ROTINI PASTA BRUSSEL SPROUTS APPLE WG DINNER ROLL	24 VEGETARIAN MEAT SAUCE SPAGHETTI NOODLES BROCCOLI BANANA WG WHEAT BREAD	25 EGG SALAD SANDWICH GREEN BEANS ORANGE WG SUB BREAD	26 MACARONI & CHEESE CAULIFLOWER PEAR WG BREAD	27 CLOSED

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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