

# February

## TOTS LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)  
UNFLAVORED SKIM MILK-0% FAT CONTENT(AGES:2 AND UP)  
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN AND BROCCOLI <sup>2</sup> STEAMED RICE GREEN BEANS APPLESAUCE WG DINNER ROLL	CHICKEN MEATBALLS <sup>3</sup> MASHED POTATOES BROCCOLI BANANA WG WHEAT BREAD	MACARONI & CHEESE <sup>4</sup> GREEN PEAS DICED TROPICAL FRUIT WG WHEAT BREAD	BEEF TACOS <sup>5</sup> SHREDDED CHEDDAR CHEESE SPANISH RICE DICED CARROTS DICED PEARS WG SOFT FLOUR TORTILLA	CHICKEN PARMESAN- <sup>6</sup> NOODLES CAULIFLOWER DICED MELON MIX WG WHEAT BREAD
CHEESY POTATO- <sup>9</sup> MEATLOAF CASSEROLE DICED CARROTS APPLESAUCE WG DINNER ROLL	TERYAKI CHICKEN MEATBALLS <sup>10</sup> STEAMED RICE GREEN BEANS BANANA WG WHEAT BREAD	CHICKEN TACO <sup>11</sup> SHREDDED CHEDDAR CHEESE REFRIED BEANS BROCCOLI DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA	VEGETARIAN BEAN CHILI <sup>12</sup> ROTINI PASTA GREEN PEAS DICED PEARS WG CORN BREAD	CHEESE RAVIOLI <sup>13</sup> CAULIFLOWER DICED MELON MIX WG WHEAT BREAD
<sup>16</sup> <b>CLOSED</b>	CHICKEN ALFREDO <sup>17</sup> ROTINI PASTA SAUTEED CABBAGE BANANA WG WHEAT BREAD	CHEESY BEEF TACO RICE <sup>18</sup> GREEN PEAS DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA	MACARONI & CHEESE <sup>19</sup> DICED CARROTS DICED PEARS WG WHEAT BREAD	BBQ PULLED CHICKEN <sup>20</sup> RAINBOW POTATOES GREEN BEANS DICED MELON MIX WG BUN
ZITI PASTA W/CHICKEN <sup>23</sup> DICED CARROTS APPLESAUCE WG DINNER ROLL	BEEFY MEAT SAUCE <sup>24</sup> SPAGHETTI NOODLES BROCCOLI BANANA WG WHEAT BREAD	TURKEY & COUNTRY GRAVY <sup>25</sup> MASHED POTATOES GREEN BEANS DICED TROPICAL FRUIT WG WHEAT BREAD	CHEESY CHICKEN FAJITA- <sup>26</sup> SKILLET SPANISH RICE CAULIFLOWER DICED PEARS WG SOFT FLOUR TORTILLA	<sup>27</sup> <b>CLOSED</b>

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

\*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

[www.qualitycateringforkids.com](http://www.qualitycateringforkids.com)