

February

TOTS LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|---|---|---|
| CHICKEN AND BROCCOLI 2 STEAMED RICE GREEN BEANS APPLESAUCE WG DINNER ROLL | CHICKEN MEATBALLS 3 MASHED POTATOES BROCCOLI BANANA WG WHEAT BREAD | MACARONI & CHEESE 4 GREEN PEAS DICED TROPICAL FRUIT WG WHEAT BREAD | BEEF TACOS 5 SHREDDED CHEDDAR CHEESE SPANISH RICE DICED CARROTS DICED PEARS WG SOFT FLOUR TORTILLA | CHICKEN PARMESAN- 6 NOODLES CAULIFLOWER DICED MELON MIX WG WHEAT BREAD |
| CHEESY POTATO- 9 MEATLOAF CASSEROLE DICED CARROTS APPLESAUCE WG DINNER ROLL | TERYAKI CHICKEN MEATBALLS 10 STEAMED RICE GREEN BEANS BANANA WG WHEAT BREAD | CHICKEN TACO 11 SHREDDED CHEDDAR CHEESE REFRIED BEANS BROCCOLI DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA | VEGETARIAN BEAN CHILI 12 ROTINI PASTA GREEN PEAS DICED PEARS WG CORN BREAD | CHEESE RAVIOLI 13 CAULIFLOWER DICED MELON MIX WG WHEAT BREAD |
| CLOSED 16 | CHICKEN ALFREDO 17 ROTINI PASTA SAUTEED CABBAGE BANANA WG WHEAT BREAD | CHEESY BEEF TACO RICE 18 GREEN PEAS DICED TROPICAL FRUIT WG SOFT FLOUR TORTILLA | MACARONI & CHEESE 19 DICED CARROTS DICED PEARS WG WHEAT BREAD | BBQ PULLED CHICKEN 20 RAINBOW POTATOES GREEN BEANS DICED MELON MIX WG BUN |
| ZITI PASTA W/CHICKEN 23 DICED CARROTS APPLESAUCE WG DINNER ROLL | BEEFY MEAT SAUCE 24 SPAGHETTI NOODLES BROCCOLI BANANA WG WHEAT BREAD | TURKEY & COUNTRY GRAVY 25 MASHED POTATOES GREEN BEANS DICED TROPICAL FRUIT WG WHEAT BREAD | CHEESY CHICKEN FAJITA- 26 SKILLET SPANISH RICE CAULIFLOWER DICED PEARS WG SOFT FLOUR TORTILLA | CLOSED 27 |

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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