

February

PRESCHOOL LUNCH MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN AND BROCCOLI 2 STEAMED RICE GREEN BEANS APPLE WG DINNER ROLL	CHICKEN MEATBALLS 3 MASHED POTATOES BRUSSEL SPROUTS BANANA WG WHEAT BREAD	MACARONI & CHEESE 4 GREEN PEAS ORANGE WG WHEAT BREAD	BEEF TACOS 5 SHREDDED CHEDDAR CHEESE SPANISH RICE DICED CARROTS PEARS WG SOFT FLOUR TORTILLA	CHICKEN PARMESAN-NOODLES 6 CAULIFLOWER MELON MIX
CHEESY POTATO-MEATLOAF CASSEROLE 9 DICED CARROTS APPLE WG DINNER ROLL	TERYAKI CHICKEN MEATBALLS 10 STEAMED RICE GREEN BEANS BANANA WG WHEAT BREAD	CHICKEN TACO 11 SHREDDED CHEDDAR CHEESE REFRIED BEANS BROCCOLI ORANGE WG SOFT FLOUR TORTILLA	VEGETARIAN BEAN CHILI 12 ROTINI PASTA GREEN PEAS PEAR WG CORN BREAD	CHEESE RAVIOLI 13 BRUSSEL SPROUTS MELON MIX WG WHEAT BREAD
CLOSED 16	CHICKEN ALFREDO 17 ROTINI PASTA SAUTEED CABBAGE BANANA WG WHEAT BREAD	CHEESY BEEF TACO RICE 18 WG CORN ORANGE WG CORN TORTILLA CHIPS	MACARONI & CHEESE 19 DICED CARROTS PEAR WG WHEAT BREAD	BBQ PULLED CHICKEN 20 RAINBOW POTATOES GREEN BEANS MELON MIX WG BUN
ZITI PASTA W/CHICKEN 23 BRUSSEL SPROUTS APPLE WG DINNER ROLL	BEEFY MEAT SAUCE 24 SPAGHETTI NOODLES BROCCOLI BANANA WG WHEAT BREAD	TURKEY & COUNTRY GRAVY 25 MASHED POTATOES GREEN BEANS ORANGE WG WHEAT BREAD	CHEESY CHICKEN FAJITA-SKILLET 26 SPANISH RICE CAULIFLOWER PEAR WG SOFT FLOUR TORTILLA	CLOSED 27

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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