

February

ALLERGY MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
 UNFLAVORED SKIM MILK-0% FAT CONTENT (AGES: 2 AND UP)
 LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CACCIATORE 2 STEAMED WHITE RICE GREEN BEANS APPLE WG CORN TORTILLA	CHICKEN AND GRAVY 3 MASHED POTATOES BRUSSEL SPROUTS BANANA WG CORN TORTILLA	VEGETARIAN BEAN CHILI 4 PENNE PASTA GREEN PEAS ORANGE WG CORN TORTILLA CHIPS	BEEF TACO 5 SPANISH RICE DICED CARROTS PEAR WG CORN TORTILLA	BEEF MARINARA 6 PENNE PASTA CAULIFLOWER MELON MIX WG CORN TORTILLA
RED BEANS & RICE 9 DICED CARROTS APPLE WG CORN TORTILLA CHIPS	FIESTA CHICKEN 10 STEAMED WHITE RICE GREEN BEANS BANANA WG CORN TORTILLA CHIPS	CHICKEN TACO 11 REFRIED BEANS BROCCOLI ORANGE WG CORN TORTILLA	VEGETARIAN BEAN CHILI 12 PENNE PASTA GREEN PEAS PEAR WG CORN TORTILLA	ITALIAN CHICKEN 13 BAKED SWEET POTATOES BRUSSEL SPROUTS MELON MIX WG CORN TORTILLA
CLOSED 16	BEEF MARINARA 17 PENNE PASTA CAULIFLOWER BANANA WG CORN TORTILLA CHIPS	BEEF NACHOS 18 SPANISH BLACK BEANS CORN ORANGE WG CORN TORTILLA CHIPS	RED BEANS & RICE 19 DICED CARROTS PEAR WG CORN TORTILLA	BBQ CHICKEN 20 RAINBOW POTATOES GREEN BEANS MELON MIX WG CORN TORTILLA
VEGETARIAN BEAN CHILI 23 PENNE PASTA BRUSSEL SPROUTS APPLE WG CORN TORTILLA	CHICKEN & RICE BAKE 24 BROCCOLI BANANA WG CORN TORTILLA	TURKEY & GRAVY 25 MASHED POTATOES GREEN BEANS ORANGE WG CORN TORTILLA	CHICKEN TACO 26 SPANISH RICE CAULIFLOWER PEAR WG CORN TORTILLA	CLOSED 27

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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