

February

ALLERGY MENU



UNFLAVORED WHOLE MILK 3.25% FAT CONTENT (AGES 1-2)
UNFLAVORED SKIM MILK-0% FAT CONTENT(AGES:2 AND UP)
LACTOSE-FREE MILK 1% (AGES: 2 AND UP)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN CACCIATORE ² STEAMED WHITE RICE GREEN BEANS APPLE WG CORN TORTILLA	CHICKEN AND GRAVY ³ MASHED POTATOES BRUSSEL SPROUTS BANANA WG CORN TORTILLA	VEGETARIAN BEAN CHILI ⁴ PENNE PASTA GREEN PEAS ORANGE WG CORN TORTILLA CHIPS	BEEF TACO ⁵ SPANISH RICE DICED CARROTS PEAR WG CORN TORTILLA	BEEF MARINARA ⁶ PENNE PASTA CAULIFLOWER MELON MIX WG CORN TORTILLA
RED BEANS & RICE ⁹ DICED CARROTS APPLE WG CORN TORTILLA CHIPS	FIESTA CHICKEN ¹⁰ STEAMED WHITE RICE GREEN BEANS BANANA WG CORN TORTILLA CHIPS	CHICKEN TACO ¹¹ REFRIED BEANS BROCCOLI ORANGE WG CORN TORTILLA	VEGETARIAN BEAN CHILI ¹² PENNE PASTA GREEN PEAS PEAR WG CORN TORTILLA	ITALIAN CHICKEN ¹³ BAKED SWEET POTATOES BRUSSEL SPROUTS MELON MIX WG CORN TORTILLA
¹⁶ CLOSED	BEEF MARINARA ¹⁷ PENNE PASTA CAULIFLOWER BANANA WG CORN TORTILLA CHIPS	BEEF NACHOS ¹⁸ SPANISH BLACK BEANS CORN ORANGE WG CORN TORTILLA CHIPS	RED BEANS & RICE ¹⁹ DICED CARROTS PEAR WG CORN TORTILLA	BBQ CHICKEN ²⁰ RAINBOW POTATOES GREEN BEANS MELON MIX WG CORN TORTILLA
VEGETARIAN BEAN CHILI ²³ PENNE PASTA BRUSSEL SPROUTS APPLE WG CORN TORTILLA	CHICKEN & RICE BAKE ²⁴ BROCCOLI BANANA WG CORN TORTILLA	TURKEY & GRAVY ²⁵ MASHED POTATOES GREEN BEANS ORANGE WG CORN TORTILLA	CHICKEN TACO ²⁶ SPANISH RICE CAULIFLOWER PEAR WG CORN TORTILLA	²⁷ CLOSED

OUR CHICKEN & BEEF ARE 100% NATURAL, NO ARTIFICIAL INGREDIENTS, NO ARTIFICIAL COLORS, NO PRESERVATIVES.

MENU PROVIDED BY QUALITY CATERING APPROVED BY RANA AHMAD, MS RDN LDN

MENUS ARE SUBJECT TO CHANGE

*MILK IS SERVED DAILY WITH BREAKFAST & LUNCH

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