



Tots Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
9/30	10/1	10/2	10/3	10/4
WG Toasted Oats* Diced Peaches	WG English Muffin* Strawberry Jam Diced Pears	WG Pancake* Honey Syrup Diced Pineapple	Overnight Vanilla Yogurt Oats Diced Cantaloupe	WG Cranberry Orange Bread Square* Diced Peaches
10/7	10/8	10/9	10/10	10/11
Rice Krispies Diced Tropical Fruit	Egg & Cheese Frittata Diced Pears	WG Banana Bread Square* Diced Pineapple	French Toast* Honey Syrup Applesauce	Strawberry Yogurt Granola Diced Cantaloupe
10/14	10/15	10/16	10/17	10/18
CLOSED	WG Toasted Oats* Diced Peaches	WG Waffle Honey Syrup Applesauce	WG Bagel* Cream Cheese Diced Mixed Melon	Biscuit Sunbutter Diced Pine Melon
10/21	10/22	10/23	10/24	10/25
Rice Krispies Diced Tropical Fruit	WG Bagel* Strawberry Jam Diced Pineapple	Vanilla Yogurt Granola Diced Cantaloupe	Egg & Cheese Frittata Diced Mixed Melon	WG Apple Cinnamon Bread Square* Strawberry Applesauce
10/28	10/29	10/30	10/31	11/1
WG Toasted Oats* Diced Peaches	WG English Muffin* Strawberry Jam Diced Pears	WG Pancake* Honey Syrup Diced Pineapple	Overnight Vanilla Yogurt Oats Diced Cantaloupe	CLOSED

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

(*) Denotes item is **WHOLE GRAIN**

Menus are subject to change

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