



## Preschool Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>9/30</b>	<b>10/1</b>	<b>10/2</b>	<b>10/3</b>	<b>10/4</b>
Macaroni & Cheese Carrot Mash Mixed Melon WG Dinner Roll*	Italian Chicken Oven Browned Potatoes Green Peas Apple Slices WG Wheat Bread*	Beefy Meat Sauce Rotini Pasta Broccoli Honeydew WG Wheat Bread*	Potato Chicken Taco Shredded Cheddar Cheese Refried Beans Diced Carrots Pineapple WG Soft Flour Tortilla*	WG Cheese Ravioli* in Marinara Sauce Green Beans Diced Fresh Fruit WG Bread*
<b>10/7</b>	<b>10/8</b>	<b>10/9</b>	<b>10/10</b>	<b>10/11</b>
Turkey Chili Steamed Rice Green peas Diced Peaches WG Cornbread*	Cheeseburger Casserole Broccoli Honeydew WG Wheat Bread*	Chicken Teriyaki Meatballs Steamed Rice Cauliflower Applesauce WG Wheat Bread*	Beef Sloppy Joes Baked French Fries Sauteed Cabbage Watermelon WG Bun*	Macaroni & Cheese Roasted Green Beans Diced Fresh Fruit WG Wheat Bread*
<b>10/14</b>	<b>10/15</b>	<b>10/16</b>	<b>10/17</b>	<b>10/18</b>
<b>CLOSED</b>	Beef Taco Shredded Cheddar Cheese Spanish Black Beans Broccoli Watermelon WG Soft Flour Tortilla*	Macaroni & Cheese Roasted Vegetables Diced Peaches WG Cornbread*	Chicken Fried Rice Green Beans Pear WG Wheat Bread*	Italian Beef Meatballs in Marinara Sauce Spaghetti Noodles Cauliflower Diced Fresh Fruit WG Wheat Bread*
<b>10/21</b>	<b>10/22</b>	<b>10/23</b>	<b>10/24</b>	<b>10/25</b>
Cheesy Baked Beef Mostaccioli Corn Pineapple WG Dinner Roll*	Diced Chicken & Gravy Mashed Potatoes Broccoli Banana WG Wheat Bread*	Macaroni & Cheese Green Peas Honeydew WG Wheat Bread*	Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Rice Diced Carrots Pear WG Corn Tortilla Chips*	Cheesy Chicken & Rice Brussel Sprouts Diced Fresh Fruit WG Wheat Bread*
<b>10/28</b>	<b>10/29</b>	<b>10/30</b>	<b>10/31</b>	<b>11/1</b>
Macaroni & Cheese Carrot Mash Mixed Melon WG Dinner Roll*	Italian Chicken Oven Browned Potatoes Green Peas Apple Slices WG Wheat Bread*	Beefy Meat Sauce Rotini Pasta Broccoli Honeydew WG Wheat Bread*	Potato Chicken Taco Shredded Cheddar Cheese Refried Beans Diced Carrots Pineapple WG Soft Flour Tortilla*	<b>CLOSED</b>

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

**(\*) Denotes item is WHOLE GRAIN**

Menus are subject to change

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