



## Preschool Breakfast Menu



Whole Milk 3.25% Fat Content (Ages 1-2)  
Skim Milk-0% Fat Content(Ages:2 and up)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>9/30</b> WG Toasted Oats* Diced Peaches	<b>10/1</b> WG English Muffin* Strawberry Jam Diced Pears	<b>10/2</b> WG Pancake* Honey Syrup Pineapple	<b>10/3</b> Overnight Vanilla Yogurt Oats Cantaloupe	<b>10/4</b> WG Cranberry Orange Bread Square* Orange
<b>10/7</b> Rice Krispies Tropical Fruit	<b>10/8</b> Egg & Cheese Frittata Diced Pears	<b>10/9</b> WG Banana Bread Square* Pineapple	<b>10/10</b> WG French Toast* Honey Syrup Apple	<b>10/11</b> Strawberry Yogurt Granola Cantaloupe
<b>10/14</b> <b>CLOSED</b>	<b>10/15</b> WG Toasted Oats* Diced Peaches	<b>10/16</b> WG Waffle Honey Syrup Apple	<b>10/17</b> WG Bagel* Cream Cheese Mixed Melon	<b>10/18</b> Biscuit Sunbutter Pine Melon
<b>10/21</b> Rice Krispies Tropical Fruit	<b>10/22</b> WG Bagel* Strawberry Jam Pineapple	<b>10/23</b> Vanilla Yogurt Granola Cantaloupe	<b>10/24</b> Egg & Cheese Frittata Mixed Melon	<b>10/25</b> WG Apple Cinnamon Bread Square* Strawberry Applesauce
<b>10/28</b> WG Toasted Oats* Diced Peaches	<b>10/29</b> WG English Muffin* Strawberry Jam Diced Pears	<b>10/30</b> WG Pancake* Honey Syrup Pineapple	<b>10/31</b> Overnight Vanilla Yogurt Oats Cantaloupe	<b>11/1</b> <b>CLOSED</b>

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

(\*) Denotes item is **WHOLE GRAIN**

Menus are subject to change

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