



Vegetarian Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/27 Rice Krispies Tropical Fruit	11/28 WG English Muffin* Strawberry Jam Diced Pears	11/29 WG Pancake* Honey Syrup Pineapple	11/30 Cereal Cantaloupe	12/1 WG Cranberry Orange Bread Square* Orange
12/4 Rice Krispies Tropical Fruit	12/5 Cereal Pear	12/6 WG Banana Bread Square* Pineapple	12/7 WG French Toast* Honey Syrup Apple	12/8 Cereal Watermelon
12/11 WG Toasted Oats* Diced Peaches	12/12 WG Raisin Bread* Peach Jam Pear	12/13 WG Waffle Honey Syrup Apple	12/14 Cereal Mixed Melon	12/15 Biscuit Sunbutter Pine Melon
12/18 WG Toasted Oats* Diced Peaches	12/19 WG Bagel* Strawberry Jam Pineapple	12/20 Cereal Cantaloupe	12/21 Egg & Cheese Frittata Mixed Melon	12/22 WG Apple Cinnamon Bread Square* Strawberry Applesauce

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

(*) Denotes item is WHOLE GRAIN

Menus are subject to change

