



Preschool Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/27 Macaroni & Cheese Carrot Mash Mixed Melon WG Dinner Roll*	11/28 Italian Chicken Oven Browned Potatoes Green Peas Banana WG Bread*	11/29 Beefy Meat Sauce Rotini Pasta Broccoli Honeydew WG Dinner Roll*	11/30 New! Potato Chicken Taco Shredded Cheddar Cheese Refried Beans Diced Carrots Pineapple WG Soft Flour Tortilla*	12/1 WG Cheese Ravioli* in Marinara Sauce Green Beans Diced Fresh Fruit WG Bread*
12/4 Turkey Chili Steamed Rice Green peas Peaches WG Cornbread*	12/5 Cheeseburger Casserole Broccoli Honeydew WG Bread*	12/6 Chicken Teriyaki Meatballs Steamed Rice Cauliflower Applesauce WG Dinner Roll*	12/7 Beef Sloppy Joes Baked French Fries Sautéed Cabbage Pine Melon WG Bun*	12/8 Macaroni & Cheese Roasted Green Beans Diced Fresh Fruit WG Bread*
12/11 Turkey A La King Steamed Rice Diced Carrots Pineapple WG Dinner Roll*	12/12 Beef Taco Shredded Cheddar Cheese Spanish Black Beans Broccoli Watermelon WG Soft Flour Tortilla*	12/13 Macaroni & Cheese Roasted Vegetables Diced Peaches WG Bread*	12/14 Chicken Fried Rice Green Beans Pear WG Dinner Roll*	12/15 Italian Beef Meatballs in Marinara Sauce Spaghetti Noodles Cauliflower Diced Fresh Fruit WG Bread*
12/18 Cheesy Baked Beef Mostaccioli Corn Honeydew WG Dinner Roll*	12/19 Diced Chicken & Gravy Mashed Potatoes Broccoli Banana WG Bread*	12/20 Macaroni & Cheese Green Peas Pineapple WG Dinner Roll*	12/21 Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Rice Diced Carrots Orange WG Corn Tortilla Chips*	12/22 Cheesy Chicken & Rice Brussel Sprouts Diced Fresh Fruit WG Dinner Roll*

Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

(*) Denotes item is WHOLE GRAIN

Menus are subject to change



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