



# Preschool Breakfast Menu



Skim Milk- 0% Fat Content (Ages:2 and up)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
11/27 Rice Krispies Tropical Fruit	11/28 WG English Muffin* Strawberry Jam Diced Pears	11/29 WG Pancake* Honey Syrup Pineapple	11/30 Overnight Vanilla Yogurt Oats Cantaloupe	12/1 WG Cranberry Orange Bread Square* Orange
12/4 Rice Krispies Tropical Fruit	12/5 Egg & Cheese Frittata Pear	12/6 WG Banana Bread Square* Pineapple	12/7 WG French Toast* Honey Syrup Apple	12/8 Strawberry Yogurt Granola Watermelon
12/11 WG Toasted Oats* Diced Peaches	12/12 WG Raisin Bread* Peach Jam Pear	12/13 WG Waffle Honey Syrup Apple	12/14 WG Bagel* Cream Cheese Mixed Melon	12/15 Biscuit Sunbutter Pine Melon
12/18 WG Toasted Oats* Diced Peaches	12/19 WG Bagel* Strawberry Jam Pineapple	12/20 Vanilla Yogurt Granola Cantaloupe	12/21 Egg & Cheese Frittata Mixed Melon	12/22 WG Apple Cinnamon Bread Square* Strawberry Applesauce

**Our Chicken & Beef are 100% Natural, no artificial ingredients, no artificial colors, no preservatives.**

Menu provided by Quality Catering approved by Rana Ahmad, MS RDN LDN

**(\*) Denotes item is WHOLE GRAIN**

Menus are subject to change



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